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## Updates from CSN

Dear CSN Community:

The month of June reminds us that summer is just around the corner! Be sure to check out the articles we shared about the importance of relaxing! Also, don't forget to register for our upcoming **Book Launch with Gorick Ng, CSN, and RiseFirst!**

📖 This Sunday 3 pm: CSN, Rise First, Gorick Ng Book Launch! Don't forget to register!

💰 Entry-level Career Employment Opportunity

💜 Alzheimer's Association Party In Purple Event

🌻 Relaxation Tips

Read more below to **register** for the [Book Launch with Gorick Ng, CSN, and RiseFirst](#) & stay informed about upcoming events and opportunities!

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### 1. Book Launch with Gorick Ng, CSN, and RiseFirst

Last call to register for CSN and RiseFirst's webinar hosting Gorick Ng, a Wall Street Journal Bestselling Author, to talk about his recent book launch! For many first-generation students entering a new role, navigating the workplace is a set of trial and errors. Many of the career-related questions we have lie in the "unspoken rules" that were not taught to us. Luckily, Gorick Ng's *The Unspoken*

*Rules: Secrets to Starting Your Career Off Right* covers the framework for professional success in order to achieve a fulfilling career. Join us on Sunday, June 6, in an informative webinar to learn more about the industry's "unspoken rules"!

Student attendees are also eligible to receive a free copy of the book! Register today for an event you don't want to miss!

**LIVE WEBINAR:**

**UNSPOKEN RULES:  
SECRETS TO STARTING YOUR  
CAREER OFF RIGHT**

**SUNDAY JUNE 6  
3PM EST VIA ZOOM**



**CO-MODERATOR:**  
**David Jasso**  
First-Gen Professional  
Chief Operations Officer (RF)



**CO-MODERATOR:**  
**Nancy Li**  
First-Gen Professional  
Co-Founder (CSN)  
Co-Executive Director (CSN)



**SPECIAL GUEST:**  
**Gorick Ng**  
First-Gen Professional  
WSJ Bestselling Author  
Career Adviser

Register for the webinar today!

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## 2. Alzheimer's Association Party in Purple

We are excited to celebrate [Bryant M Greene](#), former CSN board member and owner of Always Best Care Senior Services, for his contributions towards the Alzheimer's Association! It's amazing to have him make such a tremendous

impact on those facing Alzheimer's disease and all other dementia. Join us virtually on June 16 for a fun and eventful night at the Delaware Valley Chapter's Party In Purple event!

RSVP and/or donate for the virtual event today!



## Join Us for the Delaware Valley Chapter's Premier Spring Virtual Experience

WEDNESDAY, JUNE 16, 2021  
7-8 p.m.

*Pajamas or pumps, tuxedos or t-shirts...  
come as you wish to party with a purpose!*

RSVP for the celebration today!

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### 3. Entry-level Employment Opportunity



Are you a recent college graduate seeking entry level employment

opportunities? Annie, a domestic and international giant in the beauty supply industry, is hiring recent finance graduates for entry level positions! Annie's brands are available in over 45 countries worldwide. If interested in working under an innovative company, forward your resume to [hosang.yun@gmail.com](mailto:hosang.yun@gmail.com)!

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## 4. Stress Management & Learning to Relax



“Relaxing is an underrated and important aspect for a healthy life.” Many college students face a significant amount of stress, which further affects health-related behaviors. Losing sleep? Feeling overwhelmed or burned out? These are some signs to start prioritizing the mind and body. See our small selection of tips to learn more about stress management and ways to start reviving your energy!

[Learn to Relax: Important Tips for College Success](#)

[Top 10 Stress Management Techniques for Students](#)

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